

# Skagit County Community Resource Guide 2010



*A resource guide to community services  
in Skagit County compiled by  
Skagit County Community Action Agency  
with the help of dozens of other  
social service organizations.*

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## Critical Needs

ARGUS Christmas and Children's Fund	360-755-0195
Love I.N.C <i>Basic needs, unusual and unmet needs, information and referral</i>	360-419-7061
Skagit County Community Action Agency 330 Pacific Place, Mount Vernon <i>Clothing, Food, Transportation, Veterans Assistance, Community Voice Mail Rental Assistance/Emergency Lodging/Hotel Vouchers</i>	360-416-7585
Sea Mar Homeless Support <i>Limited assistance for the homeless</i>	360-424-5710
Energy Assistance (Home Heating) 330 Pacific Place, Mount Vernon	360-428-1011

## Food Assistance

### *Basic Food (or Food Stamps)*

Skagit County Community Action Agency 330 Pacific Place, Mount Vernon	360-416-7585
Department of Social and Health Services 900 East College Way, Suite 100, Mount Vernon	877-501-2233

### *Food Banks*

Alger Food Bank 18731 Parkview Lane, Alger 1st & 3rd Tuesdays 10 am - 2 pm	360-724-5131
Anacortes 100 Food Bank 512 4th Street, Anacortes Fridays 10 am - 2 pm	360-293-6445
Bread of Life Food Bank 59850 State Road 20, Marblemount 1st & 3rd Wednesdays 11 am - 5 pm	360-873-2504
Community Covenant Food Bank Clear Lake, WA (call for referral) Mondays	360-424-1139
Concrete Food Bank 45770 Main Street, Concrete 2nd & last Thursdays 12 - 3 pm	360-853-8505
Hamilton Community Food Bank 571 Pettit St., Hamilton Tuesdays 11 - 12 & 1 - 3 pm	360-826-4090
Heart Prints Food Pantry 2301 Market St #135, Mount Vernon Tues, Wed 9-4 & Thursday 9-12	360-416-0326
Helping Hands Food Bank 250 West Moore (Hwy 20), Sedro-Woolley Wednesdays 10 am - Noon & 1 - 4 pm	360-856-2211

Neighbors In Need Food Bank 1615 South 2nd Street, Mount Vernon Tuesdays 10 am - 2pm	360- 420-0558
Salvation Army Food Bank 3001 R Drive, Anacortes Mon, Wed, Friday 1 - 3 pm	360-293-6682
Shepherd's Heart Care Center 8224 S. Main Street, Lyman Thursdays 1 - 4 pm (1st & 3rd till 6pm)	360-840-4940
Tri Parish Food Bank 935 Peterson Road, Burlington Wednesdays 2 - 4 pm	360-757-0128
St. Vincent DePaul Food Bank 4001 St. Mary's Drive, Anacortes Fridays 10 - 11 am	360-293-9821

### ***Meal Programs***

Meals on Wheels and Senior Lunch Program <i>See also Senior Services</i>	360-419-3391
Friendship House 1008 S 3rd St., Mount Vernon	360-336-6138
Open Door Community Kitchen (last 5 days) 1013 Polte Rd., Sedro-Woolley	360-856-6412
Peer Connection Center (mental health patients only) 1115 Riverside Dr., Mount Vernon	360-848-8615
Reverie Barbecue (last 5 days of month) 1300 S. 2nd, Mount Vernon	360-419-8227
Westminister Presbyterian (dinners on Sundays) 1300 9th St., Anacortes	360-293-3880

### ***Other Food Assistance***

Skagit Gleaners 1021 Riverside Dr., Mount Vernon	360-848-1045
WIC (women, infants and children) <i>See WIC heading under Health Section</i>	360-416-7595

## **Housing and Shelter**

### ***Emergency Shelters***

Anacortes Family Center 1011 27th St, Anacortes	360-293-2993
Friendship House Shelter for Men 1008 South 3rd Street,, Mount Vernon	360-336-2135
Friendship House for Women and Children 922 South 3rd Street, Mount Vernon	360-336-2418
Oasis Teen Shelter 125 North Fifth Street, Mount Vernon	360-419-9058 360-336-9622
William J. Shuler Family Development Center <i>Families with children only</i>	360-416-7585
Skagit Domestic Violence and Assault Services	360-336-9591

Hannah's House 202 West Blackburn, #5, Mount Vernon <i>For women with unexpected pregnancies</i>	360-424-6797
Cold Weather Shelter (only during severe cold weather)	360-848-9946
<b><i>Housing Assistance</i></b>	
Habitat for Humanity 1022 Riverside Dr., Mount Vernon	360-428-9402
Home Trust of Skagit	360-588-5721
Housing Authority of Skagit County 1650 Port Drive, Burlington	360-428-1959
Rural Housing Direct Loan Program	360-428-4322
Transitional Housing (SCCAA)	360-416-7585
Skagit Housing Connections <i>Rent/Mortgage Assistance/Homelessness Prevention</i>	360-416-7585
Skagit County and Whatcom County Self Housing	888-360-0223
Comprehensive Homeless Veterans Program	800-827-1000

## **Employment & Job Training**

Cascade Job Corps 7782 Northern State Rd., Sedro-Woolley	360-854-3400
Department of Social and Human Services Division of Vocational Rehabilitation (DVR) 2005 E. College Way, 2nd Floor, Mount Vernon	360-416-3515
Economic Development Assn of Skagit County 204 West Montgomery, Mount Vernon	360-336-6114
Express Employment Professionals 525 East College Way, Suite F, Mount Vernon	360-336-1980
Everyday Staffing 720 West Division St, Mount Vernon	360-336-9993
Goodwill Industries Training Center 102 Valley Mall Way, Mount Vernon	360-848-9323
Human Resources, Inc 2124 Riverside Drive, #107, Mount Vernon	360-424-7134
Kelly Services 180 Gilkey Road, Burlington	360-707-2449
Labor Ready 2222 Riverside Drive, Mount Vernon	360-424-3205
Mount Vernon Human Resources 910 Cleveland Avenue, Mount Vernon <i><a href="http://www.ci.mount-vernon.wa.us/jobs.asp">http://www.ci.mount-vernon.wa.us/jobs.asp</a></i>	360-336-0636

Service Alternatives for Washington 406 S 2nd, Mount Vernon	360-419-7066
Skagit Valley Herald <i>www.goskagit.com</i>	360-424-3251
Washington Vocational Services 321 West Washington St., Mount Vernon	360-419-0910
WorkFirst Community Jobs & Supported Works 330 Pacific place, Mount Vernon	360-416-7585
Work Source Skagit 2005 E. College Way , Mount Vernon <i>www.work.wa.gov</i>	360-416-3500

## **Health**

### ***Hospitals***

Skagit Valley Hospital (Mount Vernon) 1415 East Kincaid, Mount Vernon	360-424-4111
United General Hospital (Sedro-Woolley) 2000 Hospital Drive, Sedro-Woolley	360-856-6021
Island Hospital (Anacortes) 1211 24th Street, Anacortes	360-299-1300
Children's Hospital and Regional Medical Center 4800 Sand Point Way NE, Seattle	206-987-2000

### ***Teen Clinics***

Anacortes 1211 24 <sup>th</sup> Street, Anacortes	360-293-6973
East County 45770 Main Street, Concrete	360-853-7009
Sedro-Woolley 2015 B Hospital Drive, Sedro-Woolley	360-856-7319
AIDS/HIV Information Hotline	800-272-2437

### ***General Health Resources***

Access to Baby & Child Dentistry	360-419-3320
Cancer Lifeline	800-255-5505
Citrine Health 2817 Rockefeller Ave, Everett <i>Health screening for men and women, food</i>	800-651-8931
Crisis Pregnancy Center of Skagit County	360-428-4777
Compass Health Skagit <i>Medicaid provider</i>	360-419-3500
Dental Van Program	360-416-7585
Developmental Disability Council of Washington	800-634-4473
Donated Dental Services (DDS)	206-441-8777
First Steps (DSHS) 900 East College Way, Suite 200, Mount Vernon	360-416-7382

Mount Baker Planned Parenthood 900 East College Way, Suite 120, Mount Vernon	360-848-1744
Learning Disability Association of Washington	800-536-2343
Pregnancy Choices 617 West Division Street, Mount Vernon <i>www.pregnancychoices.org</i>	360-428-4777
Sea Mar Community Health Centers 1010 East College Way, Mount Vernon	360-428-4075
Sea Mar Dental Clinics 119 East Fairhaven, Burlington 1400 North LaVenture, Mount Vernon	360-755-9141 360-428-4075
Sea Mar Health Care for Homeless 2426 East College Way, Mount Vernon	360-424-5710
Skagit County Community Action Agency <i>Dental Van, Maternity Support Services, Medical Assistance, Women Infant and Children Nutritional Program (WIC)</i>	360-416-7585
Skagit County Health Department – Dental Services	360-336-9477
Skagit County Public Health <i>Birth Certificates, Child &amp; Family Health, Communicable Diseases</i>	360-336-9380
Skagit County Tobacco Control Program	360-856-7384
Skagit Hospice	360-848-5550
Swinomish Tribal Community Services	360-466-3163
Visiting Nurse Personal Service	360-336-9693
WA Apple Health for Kids (medical)	360-416-7585
Washington Poison Center	800-222-1222
Washington State Basic Health Plan	800-660-9840
Washington State Department of Health	800-525-0127
Washington Women in Need	888-440-9946
Within Reach <i>Information and referral for health services</i>	800-322-2588 TTY 800-833-6388
<b><i>Women, Infants and Children (WIC)</i></b>	
700 S. 2nd, Room 301, Mount Vernon (Health Dept)	360-336-9392
330 Pacific Place, Mount Vernon	360-416-7595
2000 Hospital Dr., Sedro-Woolley	360-856-7318
45770 Main St., Concrete (Health Dept)	360-336-9392
2601 M. Ave, Suite C, Anacortes (SCCAA)	360-416-7595
Swinomish Health Clinic	360-416-3167

## Mental Health

Access line to community mental health program services	888-693-7200 888-693-7300
Care Crisis Line - Everett	800-584-3578
Catholic Community Services NW 160 Cascade Place, Suite 201, Burlington	360-856-3054
Children's Services 1005 3rd St, Mount Vernon	360-419-3500
Community Mental Health Program Ombudsman 330 Pacific Place, Mount Vernon	360-416-7004 888-336-6164
Community Wellness Program 309 South 3rd St, Mount Vernon	360-419-3378 360-419-3379
Compass Health <i>Medicaid Provider</i> 1100 S 2nd, Mount Vernon	360-419-3500
Department of Social and Health Services 900 East College Way, Suite 100, Mount Vernon	877-501-2233
Follman Agency 910 South Anacortes Street, Burlington	360-755-1125
National Alliance for the Mentally Ill (NAMI)	360-424-7935
North Sound Evaluation and Treatment Facility 7825 North Sound Drive, Sedro-Woolley	425-349-8555
North Sound Mental Health Administration 117 North 1st St, Mount Vernon	360-416-7013
Peer Connections Center 1115 Riverside Drive, Mount Vernon <i>Drop in center for mental health patients</i>	360-848-8615
Sea Mar Community Mental Health Center 2500 East College Way, Mount Vernon	360-428-8912
Secret Harbor School 225 North Walnut Street, Burlington <i>www.secretharbor.org</i>	360-293-5151
Skagit County Community Services 309 South Third Street, Mount Vernon	360-419-3420
Skagit County Dispute Resolution Center 1932 East College Way, Mount Vernon	360-542-8487
Skagit Domestic Violence and Sexual Assault Services	360-336-9591
Skagit Valley Hospital Care Center 1415 East Kincaid, Mount Vernon	360-428-2422

Sunrise Services 360-336-3762  
1101 S 2nd St, Mount Vernon  
*Medicaid Provider*

## **Senior Resources**

### *Senior Centers*

- Anacortes Senior Center 360-293-7473  
1701 22nd Street, Anacortes
- Burlington Senior Center 360-755-0102  
1011 Greenleaf Avenue, Burlington
- Concrete Senior Center 360-853-8400  
45821 Railroad Avenue, Concrete
- Marblemount Community Club Building 360-873-4432  
60099 State Route 20, Marblemount
- Mount Vernon Senior Center 360-336-5757  
1401 Cleveland Avenue, Mount Vernon
- Sedro-Woolley Senior Center 360-855-1531  
715 Pacific Street, Sedro-Woolley
- Swinomish Senior Center 360-466-3980  
17691 Reservation Road, La Conner

Alzheimers Association 800-272-3900  
100 W. Harrison St, North Tower, Suite 200, Seattle, WA 98119

Area Agency on Aging 360-676-6749  
600 Lakeway Drive, #100, Bellingham  
*www.nwrcwa.org*

C.O.P.E.S (in home care for seniors) 360-416-7289  
*Medicaid Personal Care, Chore Service* 360-416-7589

Dial-a-Ride Transit (DART) 360-757-4433

Golden Care Program 360-428-2345  
1415 East Kincaid Avenue, Mount Vernon

Grandparents Raising Grandchildren 360-856-3054  
*Kinship Caregiver Program, Grandparents Support Group*

Meals on Wheels (seniors) 360-419-3391

Medicaid Personal Care, Chore Service 360-416-7585

Mobile Food Express (mobile food bank) 360-416-7585

Northwest Regional Council on Aging 800-585-6749  
Retired Senior Volunteer Programs 360-419-3447  
309 South Third Street, Mount Vernon

Senior Information and Assistance 360-336-9345  
315 South Third Street, Mount Vernon

Skagit Council on Aging 360-336-9315

Skagit County Community Services 360-419-3420  
309 South Third Street, Mount Vernon

Visiting Angels Living Assistance Services 888-264-3528



Volunteer Chore Program (seniors/disabled) 360-416-7585  
*Help with transportation, home repairs, yard work, other needs*

## **Domestic Violence**

Adult Protective Services 800-487-0416  
Department of Social and Health Services  
900 East College Way # 210, Mount Vernon

Aging and Adult Services Complaint Line 800-562-6078

Child Protective Services 360-735-7038

Children and Family Services Division 800-785-5582  
Department of Social and Health Services 866-777-6303  
900 East College Way, Mount Vernon

Domestic Violence Hotline (Washington) 800-562-6025

Families and Friends of Violent Crime Victims 360-982-2829  
Crisis line 800-346-7555  
*www.fnfvccv.org*

Mount Vernon Homeless and CRS 360-428-8912  
2500 East College Way, Suite 100, Mount Vernon

National Center for Missing Children 800-843-5678

Parent Trust for Washington Children 800-932-4673

Sea Mar Community Health Centers 360-428-8912

Sexual Assault Hotline 800-656-4673

Sexual Assault Support Group 360-336-9591

Skagit Domestic Violence & Sexual Assault Services 360-336-9591  
P.O. Box 301, Mount Vernon 800-726-6010

Washington State Crime Victim Advocacy 800-822-1067

## **Education**

Emerson Alternative School 360-336-2681

Goodwill Industries (Adult Basic Education) 360-848-1816  
102 Valley Mall Way, Mount Vernon

Mount Vernon High School Re-Entry Program 360-428-6100

OIC-HEP High School Equivalency Program 877-453-3970  
360-421-3597

Plazas Comunitarias 360-428-6116  
1200 LaVenture Road, Mount Vernon

Skagit Literacy 360-416-7585  
A service of Skagit County Community Action Agency  
*Adult Basic Education, GED Preparation, Teen GED, Family Literacy,*

<b>Skagit Valley College</b>	360-416-7623
2405 East College Way, Mount Vernon	
GED - Information	360-416-7820
Adult Basic Education	360-416-7806
Career Services Center	360-416-7630
Life Transitions Program	360-416-7762
Early Childhood Education	360-416-7787
Family Literacy Center	360-679-5361
WSU Skagit County Extension	360-428-4270
11768 Westar Lane, Suite A, Burlington	
<i>See Public Libraries under <b>General Resources</b> Section</i>	

## **Alcohol & Drug Counseling**

Al-Anon	800-344-2666
Alcohol and Drug Helpline	800-562-1240
Alcoholics Anonymous	888-360-1564
Dellamas and Associates	360-299-2750
1008 5th St, Anacortes	
Department of Alcohol and Substance Abuse	877-301-4557
Fetal Alcohol Syndrome Family Resource Institute	800-999-3429
Follman Agency	360-755-1125
910 South Anacortes Street, Burlington	
Narcotics Anonymous	360-428-7171
Parent Child Assistance Program (PCAP)	360-428-7835
Phoenix Recovery Services	360-848-8437
2105 Continental Place, Mount Vernon	
Sea Mar Community Health Centers	360-428-8912
1010 East College Way, Suite 100, Mount Vernon	
Skagit Recovery Center	360-428-7835
1905 Continental Place, Mount Vernon	
Swinomish Alcohol Program	360-466-7273
United Northwest Recovery Center	360-856-6300
605-B Sunset Park Drive, Sedro-Woolley	
Upper Skagit Chemical Dependency Program	360-854-7070
25959 Community Plaza Way, Sedro-Woolley	
VA Puget Sound Health Care System	800-329-8387

## Youth Services

Anacortes Community Arts 619 Commercial Ave, #14, Anacortes	360-299-9366
ARGUS Christmas and Children's Fund	360-755-0195
At Risk Intervention Specialists (ARIS) 309 South 3rd Street, Mount Vernon	360-419-3420
Big Brothers & Big Sisters 200 South Cherry St., Burlington	360-707-0404
<b>Boys and Girls Clubs of Skagit County</b>	
• 2219 M Ave, Anacortes	360-588-9045
• 1100 North La Venture, Mount Vernon	360-428-6995
• 305 North 6 <sup>th</sup> St, La Conner	360-466-3672
• 201 North Township, Sedro-Woolley	360-272-4553
Cascade Job Corps 7782 Northern State Rd., Sedro-Woolley	360-854-3400
Catholic Community Services NW 160 Cascade Place, Ste 201, Burlington	360-856-3054
Child Care Resources and Referral 1934 East College Way, Mount Vernon	360-416-8299
Children and Family Services Division Department of Social and Health Services 900 East College Way, Mount Vernon	800-735-7038
Emerson Alternative School	360-336-2681
<b>Head Start of Skagit County</b> (central office) 2405 East College Way, Mount Vernon	360-416-7590
• 1701 22 <sup>nd</sup> St, Anacortes	360-293-2720
• 927 East Fairhaven, Burlington	360-755-0904
• Burlington-Edison Child Development	360-755-1379
• 7838 South Superior Ave, Concrete	360-853-7209
• 2405 East College Way, Early Childhood Education	360-416-7590
• 17275 Reservation Road, La Conner - Swinomish Birth	360-466-7326
• 320 Pacific Place, Mount Vernon - Pacific Place	360-416-7576
• 1020 McLean Road, Mount Vernon - Washington Center	360-424-7334
• 1111 McGangle Road, Sedro-Woolley	360-856-4994
Northwest Youth Services 307 South First St. Suite F, Mount Vernon	360-424-0901
Oasis Teen Shelter	360-419-9058
Safe Place	360-708-6450
Secret Harbor School 225 North Walnut Street, Burlington <i>Residential treatment</i>	360-293-5151
Skagit Preschool and Resource Center (SPARC) 320 Pacific Place, Mount Vernon <i>www.sparckids.org</i>	360-416-7570

Skagit Valley YMCA 360-336-9622  
*Child care, preschool, Fitness and recreation camps, summer camps*

Youthnet 360-336-1610

## **Legal Services**

American Civil Liberties Union 206-624-2180  
705 2nd Ave, Seattle

CLEAR Legal Services (free legal assistance)  
*www.nwjustice.org*

Seniors 888-387-7111  
Adults and Youth 888-201-1014  
Spanish Speaking 888-201-1014

Northwest Immigrant Rights Project 800-445-5771  
*www.washingtonlawhelp.org*

Northwest Women's Law Center 206-621-7691

Disability Rights Washington 206-324-1521  
315 Fifth Ave South, Seattle 800-562-2702

## **Disability Resources**

ARC of Whatcom, Island and Skagit Counties 360-715-0170

Canine Companions for Independence 800-572-2275

Chinook Enterprises 360-428-0140  
2026 North LaVenture Road, Mount Vernon

Community Services for the Blind 800-458-4888

Community Services for the Deaf/Hearing Impaired 877-301-0006

Developmental Disabilities Council of Washington 800-634-4473

Department of Social and Human Services  
Division of Vocational Rehabilitation (DVR)  
2005 E. College Way, 2nd Floor, Mount Vernon 360-416-3515

Dial-a-Ride Transit (DART) 360-757-4433

Learning Disabilities Association of Washington 800-536-2343

Parent to Parent Program 360-416-7570  
(for parents of children with special needs)  
*www.skagitp2p.org*

Washington Vocational Services 360-419-0910  
321 West Washington St., Mount Vernon

## **General Resources**

### *Public Libraries*

• Anacortes Public Library 360-293-1910  
1220 10th St, Anacortes

• Burlington Public Library 820 E. Washington St, Burlington	360-755-0760
• Concrete Public Library 45672 Main St, Concrete	360-853-8950
• La Conner Public Library 614 Morris, La Conner	360-466-3352
• Mount Vernon Public Library 315 Snoqualmie St, Mount Vernon	360-336-6209
• Sedro-Woolley Public Library 802 Ball St, Sedro-Woolley	360-855-1166
Clearpoint Credit Counseling	877-422-9045
Community VoiceMail	360-416-7585
Emergency Response (Police, Ambulance, etc)	dial 9-1-1
Red Cross - Skagit Valley - Anacortes/San Juan	360-424-5291 360-293-2911
Skagit Transit (SKAT) 105 E. Kincaid, Mount Vernon <i>www.skagittransit.org</i>	360-757-4433
Suicide Information and Prevention	800-784-2433
Washington Telephone Assistance Program	360-416-7585

### **East County Resource Center**

45770 Main Street/P O Box 792, Concrete, WA 98237  
Telephone - 360-853-8767 or 360-853-7009

#### *Scheduled Programs/Events*

Adult Literacy	Mon-Fri 9:00-Noon
County Commissioner Sharon Dillon	Fridays 9:00-Noon
Concrete Chamber of Commerce/Licensing	Tues-Fri 9:00-3:00
Department of Corrections Probation	1st Friday of month
DSHS Representative	1st, 2nd, 3rd Tuesday
Legal Clinic	2nd & 4th Friday
NAMI Adult Craft Classes	Every other Thursday
Needle Exchange Program	1st Wednesday
Sunrise Community Mental Health Services	Call for appointment
Teen Clinic (no appointment required)	1st Wed & 4th Tues
Veterans Assistance Program	Daily
WIC (call 336-9392 for appointment)	2nd & 3rd Tuesday
Women's AA	Wed nights - 6 PM

#### *Services & Referrals*

SCCAA & Skagit County Satellite Office  
Salvation Army Service Extension Partner  
Weekly Courier Service to County  
Voter & Election Information  
Tax Payments and Property Record Search  
Food Handler Permits  
Water Sample Testing  
Community Voice Mail  
Energy Assistance Program Information  
Copy, FAX & Notary Services  
East County Event Publicity and Information  
Meeting Space Available

## Volunteerism

[www.1-800-volunteer.org](http://www.1-800-volunteer.org)

AmeriCorps VISTA	360-416-7585
Skagit County Habitat for Humanity 1022 Riverside Dr., Mount Vernon <i>www.skagithabitat.com</i>	360-428-9402
Skagit Volunteer Center	360-416-7585
Volunteer Chore Program (seniors/disabled)	360-416-7585

This guide is only meant as a “quick-reference.”  
For in-depth information and referrals for social  
services in Skagit County please call:

**North Sound 2-1-1**

**Skagit County Community Action Agency**  
330 Pacific Place, Mount Vernon, WA 98273  
(360) 416-7585 fax (360) 416-7599  
[www.skagitcap.org](http://www.skagitcap.org)



04/21/2010